

# Frederick Contra

Tom Hinds

**Improper**

- A1** (8) Men Do si Do  
(8) Ladies Allemande left 1 1/2
- A2** (16) Partner Balance and Swing
- B1** (8) Down the hall, in line of 4, turn as couple  
(8) Come back up, fac across
- B2** (8) Circle left 3/4  
(8) Neighbor Swing

**Notes** : Alternative A1 : (8) Long lines (8) Women allemande left 1 1/2